

Cochrane High School Band – October 25-27, 2015

Contact: April Waterbury

Sleeping Accom: Lodge 6-13, Sunwest, Crestwood, Dalhousie

Hosts:

Purpose: Band Retreat

of Guests: 55+8

Age: Grade 9 & 10

Grade 9: 35 Grade 10: 20

Sunday, October 25th

- 4:00pm Arrive/Move in to cabins, set up Activity Centre (AC)
- 5:00pm Orientation by Evergreen staff in the AC
- 5:30pm Supper
- 6:30pm Grade 10 rehearsal in the AC
Grade 9 study time in the dining room
- 7:30pm Grade 9 rehearsal in the AC
Grade 10 study time in the dining room
- 8:45pm Yodel'n'Hum, Snack and Campfire at the Fort fire circle
- 9:45pm Cabin Time
- 10:30pm Lights Out

| |
|---|
| Grade 10 Clinic Locations: Morning |
| Flute (4): Dining Room |
| Oboe (1): Lendrum Lodge Cabin |
| Clarinet (4): Welcome Ctr. Board Rm. |
| Tenor Sax (1): Linden Hut Cabin |
| Bass Clarinet (1): Vaux-Hollow Cabin |
| Trumpet (2): Moose Junction Store |
| Trombone (3): Cave (Bouldering Room) |
| Guitar (1): Lodge: Upstairs Lounge |
| Bass (1): Welcome Ctr. Courtney's Office |
| Percussion (2): Activity Ctr. |

Monday, October 26th

- 7:30am Wake Up
- 8:30am Breakfast
- 9:30am Activities for Grade 9:

| | | | |
|----------------|----------------|----------------|-----------------|
| Climbing Wall | Archery | Zipline | Survival Skills |
| <i>Group 1</i> | <i>Group 2</i> | <i>Group 3</i> | <i>Group 4</i> |
- 9:30am Willson Ball for Grade 10
- 10:15am Clinics for Grade 10: see locations above
- 10:45am Activities for Grade 9:

| | | | |
|-----------------|----------------|----------------|----------------|
| Survival Skills | Climbing Wall | Archery | Zipline |
| <i>Group 1</i> | <i>Group 2</i> | <i>Group 3</i> | <i>Group 4</i> |
- 12:30pm Lunch (+7 for lunch)
- 1:30pm Clinics for Grade 9: see locations below
- 1:30pm Activities for Grade 10:

| | |
|----------------|----------------|
| Climbing Wall | Zipline |
| <i>Group 1</i> | <i>Group 2</i> |
- 2:45pm Activities for Grade 10:

| | |
|----------------|----------------|
| Zipline | Climbing Wall |
| <i>Group 1</i> | <i>Group 2</i> |
- 3:30pm Willson Ball for Grade 9
- 4:00pm Jug'n'Jog in the playing field
- 5:30pm Supper
- 6:15pm Willson Ball & Moose Junction General Store open
- 6:45pm Grade 10 Sectional rehearsal
Grade 9 study time in the dining room
- 7:45pm Grade 9 Sectional rehearsal
Grade 10 study time in the dining room
- 8:45pm Yodel'n'Hum, Snack and Campfire at the Fort fire circle
- 9:45pm Cabin Time
- 10:30pm Lights Out

| |
|---|
| Grade 9 Clinic Locations: Afternoon |
| Flute (6): Dining Room |
| Oboe (2): Lendrum Lodge Cabin |
| Clarinet (4): Welcome Ctr. Board Rm. |
| Bassoon (1): Welcome Ctr. Courtney's Office |
| Alto Sax (4): CAB (Creative Arts Building) |
| Tenor Sax (3): Linden Hut Cabin |
| Bari Sax (1): Lodge: Upstairs Lounge |
| French Horn (3): Vaux-Hollow Cabin |
| Trumpet (4): Moose Junction Store |
| Trombone (3): Cave (Bouldering Room) |
| Tuba (1): AV Studio |
| Percussion (3): Activity Ctr. |

see next page

Tuesday, October 27th

7:30am Wake Up, Clean up and Pack up cabins

8:30am Breakfast

9:15am Finish packing and cleaning cabins

9:45am Grade 10 rehearsal in the AC

Activities for Grade 9:

| | | | |
|----------------|-----------------|----------------|----------------|
| Zipline | Survival Skills | Climbing Wall | Archery |
| <i>Group 1</i> | <i>Group 2</i> | <i>Group 3</i> | <i>Group 4</i> |

11:00am Grade 9 rehearsal in the AC

Activities for Grade 10:

| | |
|-----------------|----------------|
| Survival Skills | Archery |
| <i>Group 1</i> | <i>Group 2</i> |

12:30pm Lunch

1:15pm Group photo

1:30pm Grade 10 rehearsal with guest conductor

Activities for Grade 9:

| | | | |
|----------------|----------------|-----------------|----------------|
| Archery | Zipline | Survival Skills | Climbing Wall |
| <i>Group 1</i> | <i>Group 2</i> | <i>Group 3</i> | <i>Group 4</i> |

3:00pm Grade 9 rehearsal with guest conductor

Activities for Grade 10:

| | |
|----------------|-----------------|
| Archery | Survival Skills |
| <i>Group 1</i> | <i>Group 2</i> |

4:30pm Willson Ball & Moose Junction General Store open

5:30pm Supper

6:15pm Pack up the instruments/equipment in Activity Centre

7:00pm Load Bus & Depart