



# COCHRANE HIGH SCHOOL

## VIC LEWIS ITINERARY – NOVEMBER 1 – 3, 2019

### FRIDAY, NOVEMBER 1, 2019

**\*\* This is a REGULAR SCHOOL DAY! \*\* Please go to class! ☺**

**\*\*\*\*\*ALL STUDENTS TO STORE THEIR LUGGAGE – In Large Conference Room (will be locked)**

7:15	Jazz 1 Workshop
8:55	P1 – Senior Band Rehearsal
9:58	P2 – Grade 10 Band Rehearsal
1:30	Symphonic Workshop w/ Guest Conductor
2:40	Parent Chaperone Meeting while students pack up instruments
2:50	Load equipment and luggage onto busses
3:15	Depart for Canmore – Canmore Collegiate High School
3:45	Arrive at Canmore Collegiate High School – Set up instruments and get ready for Symphonic Clinics
4:00	Symphonic Clinics
5:15	Depart for Canmore Inn & Suites - Hand out hotel keys and settle into hotel rooms.
5:30	Dinner in Three Sisters Ballroom
6:40	Depart for concert
7:00	Professional Concert at the Canmore Collegiate High School theatre. Load bus and depart following end of the concert.
10:30	Lights out!

### SATURDAY, NOVEMBER 2, 2019

7:30	Wake up and get ready. Casual clothes/festival shirts
8:00	Breakfast in the Three Sisters Ballroom (assorted hot and cold breakfast items, juice, tea and coffee)
8:40	Depart for school WITH instruments & music. Put all belongings in the gym. Prep for clinic. No playing in gym!
9:00	Jazz 1 clinics – students not in jazz will observe other band performances in the theatre
10:15	Depart for shopping and lunch on own in chaperone groups – downtown Canmore
12:15	Meet back at buses and depart for Canmore Collegiate High School
1:00	Recital in the theatre (** Get seats at 12:30/12:40 – as soon as doors open)
2:15	Head to Cave & Basin for guided tours
3:00	First group at 3, second group at 310, third group at 3:20
4:30	Depart Cave & Basin for Canmore Inn and Suites
7:00	Load Bus and depart for Dinner at Boston Pizza (pizza and salad buffet). Depart Boston Pizza at 8:00 for dance



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8:15	Dance at the Canmore Collegiate High School (8:15-9:30). All chaperones to supervise the dance.
9:30	Load bus and Depart for hotel
10:00	Lights out (we have a very early morning!!)
<b>SUNDAY, NOVEMBER 3, 2019</b>	
6:00	Wake up & get ready for jazz performances (jazz band to perform in am). All other students in casual clothes. ** Everyone must bring their performance uniforms with them for our performance in the afternoon.
6:30	Breakfast in the Three Sisters Ballroom (assorted hot and cold breakfast items, juice, tea and coffee)
7:10	Depart for Arts Place jazz venue. Set-up jazz instruments (do not play until we are allowed)
7:30	Warm-up in warm-up rooms/on stage... we will find this out right before our time
8:00	Jazz 1 performance, and workshop (All other students to support & watch our performance and workshop!)
10:30	Load bus and depart for Banff
11:00	Shopping and free time in Banff in chaperone groups
12:00	Meet at buses to head to Banff Gondola
12:15	Banff Gondola + Exploration
2:30	Load bus and depart for Canmore
3:00	Arrive and change into performance uniform. Get instruments out... but do not play in the gym please!!
3:30	Warm-up in warm-up spaces
4:00	Sr. Band performance and adjudication workshop
6:00	Pack up all belongings, load bus, take group photo, and depart for home! ** Subway Sandwiches on bus **
7:15	Estimated time of arrival back home (depending on traffic, weather, and festival running on time)

**Canmore Inn & Suites:** 1402 Bow Valley Trail (403) 609 – 5402  
**Main Festival Venue - Canmore Collegiate HS -** 1800 8 Ave  
**Boston Pizza** (1704 Bow Valley Trail; 403-678-3300)

**Arts Place (Jazz performances):** 950-8<sup>th</sup> Avenue  
**Cave & Basin:** 311 Cave Ave. Banff, AB  
**Banff Gondola:** 100 Mountain Ave, Banff, AB